



MOREAU 55+ SENIOR CALENDAR

144 Main St., South Glens Falls, NY 12803 (518) 792-6007 Fax: (518) 792-0837

July 2017 www.moreaucommunitycenter.org Phone. 792-6007

Dear Member,

We just returned from our 21 day trip out West. We had a great time. If you have not had the opportunity to travel West you are missing a trip of a lifetime.

As of this typing, we are planning trips for 2018. We will be going to the Holland Tulip Festival & Mackinac Island two nights at the Grand Hotel, Henry Ford Museum and much more! Sunday May 6th thru Tuesday May 15th. Trip will open to seniors (55+) from all areas on Thursday August 17th at 10AM. Call Jeanne ext 13 or Vanessa ext 18 for a price. Details on page 7.

Jeanne and Vanessa



Mon. Aug. 14th -Annual Moreau Lake Picnic (Rain Date Aug 15th) Call us with your name and birthdate...you will get in free. You will bring a dish to pass & we will furnish the hotdogs, rolls, plates and forks. Please call and let us know what you will be bringing so we can coordinate the food. Jeanne ext 13, Vanessa ext 18

NEW for 2018

Proctors, **“Dirty Dancing”** Sat. April 14th 2018. We have secured tickets for this musical. This trip will open to seniors from all areas on Thursday September 7th at 10:00 am.

Lancaster, Pa. **NEW SHOW “Jesus”** at Sight and Sound. Tuesday September 11th, 12th, 13th 2018. “Swing” Dutch Apple Dinner Theater. American Music Theater “Songs of the Silver Screen. Opening In Feb.2018

Myrtle Beach S.C. Oct 2018....In the Works...More info in future newsletters.

Money Due Now: Raquette Lake ** Community Trip ** Holiday Inn

Holiday Inn Resort : “Last of the Red Hot Lovers” Wed. Aug. 23rd. Spots Available, call now (Page 6) Money Due

GETTYSBURG & HARRISBURG, PA. 3 Day Trip Aug 28th, 29th 30th. Visit This Historic Area...Last Call

Day 1-Depart for Gettysburg, Check into the Courtyard by Marriott for a relaxing two night stay. Dinner at one of Gettysburg’s oldest and most historic dining sites.

Day 2– Following a hot buffet breakfast we’ll visit Gettysburg National Military Park, Museum and Visitor Center. A tour of the Gettysburg Battlefield with a licensed Guide. Enjoy a delicious dinner at the Historic Dobbin House where Abe Lincoln will join us.

Day 3– After a hot breakfast buffet we will travel to Harrisburg for a visit to the National Civil War Museum, the only one in the United States that portrays the entire story of the Civil War without bias to Union or Confederate causes. Depart for home.

Trip includes a tour of the Gettysburg Battlefield with a licensed Guide. This trip is open to all areas.

Call NOW 792-6007 Jeanne ext 13 ,Vanessa ext 18

Stowe, Vt. Please note, as of this typing, we have one full motor coach traveling to the Trapp Family Lodge on Oct. 11th. We have a large waiting list. If we get more interest a second motor coach will go on Thursday Oct. 12th. **Call Now**

*****Niagara Falls***, Monday, Sept 11th –Wednesday Sept. 13th. Passport or enhanced license required. Money is due in full by July 14th. We have a couple of seats available. Call now**

EVENTS

Fri, July 14th. -6th Annual Paul Schultz Memorial Golf Tournament @ the Queensbury Country Club. Call Kelly Obermayer 792-6007 ext 16 or Kelly@moreaucommunitycenter.org for more details.

Mon. Aug. 14th -Annual Moreau Lake Picnic (Rain Date Aug 15th)

“Kegler’s” 55+ Moreau Bowlers. Organization meeting will be held at the Center on Thursday, Aug. 17th at 1:00 pm.

“Fun Band” Performance at the Village Concert in S.G.F. Tuesday Aug. 22nd at 5:30. (before Elvis)

HEALTH

REIKI NOW OFFERED– “Reiki is a Japanese technique for stress reduction and relaxation that also helps to promote healing. It is administered by a Reiki Master through the laying of their hands on certain points of the body known as Chakras. Reiki used in conjunction with aromatherapy and a relaxing atmosphere makes for the perfect trifecta enabling your body to be rid of stress, help you relax, and help you feel rejuvenated & refreshed” 20 min. sessions, by appointment , July 11th & 25th 1-4pm . 792– 6007 Ext 18 & 13

Tues. Sept 12th 1:00—2:45 Free Health Screening, Blood Pressure / Glucose /Cholesterol

In an effort to provide education, there will be two workshops offered at the same time of the screening. The workshop topics will be “Pre Diabetes” and “Fall Prevention”. Call to schedule an appointment for the screening.

OPPORTUNITIES TO GET PHYSICAL

Co-Ed Soft Ball– Join this Fun League every Tuesday morning at Betar Recreational Park at 10:00 am. For more info, please call Denny Kabor at 269-8627 or the Center 792-6007 ext 13 or 18.

Betar Park (Moreau Rec) is located behind Moreau Elementary School, with one entrance off Jan Ave. and one entrance off Gansevoort Rd. (Rt.32)

55+ Golf League meets every Wednesday at Bay Meadows. We have 7 set teams. Call for more info 792-6007 ext 13 or 18



LINE DANCING – Will resume Friday July 21, 2:30 pm– 3:30 pm. FREE Everyone is welcome...beginners or experienced. Join the fun!! Ginny Allen is a great instructor. Arrive about 2:15 for sign in. (Donations Appreciated)

MVP LATIN MOVES Summer Session. Begins on Wednesday June 28th. This class takes place at the Eagles every Wednesday from 1:00—2:00 until August 2nd.. Call the Center to register 792-6007 ext 13 or 18



The SOB’s (Seniors on Bikes) are Riding again! **Call Glen Wiltsie at 377-4322** to join or for more details.



Walking Club Meets Every Thursday at 8:30 AM at Different Locations

Call Ginny DeSantis at 793-3603 for details



“**Kegler’s**” 55+ Moreau Bowlers. Our season came to an end with a great banquet at Bogey’s. The following were recognized for their achievements. Team #1 with Donna Bardin, Glenn Holmquist, Ann Hewitt and Frank Jones came in first place. Team #2 came in second place and team # 8 came in third. High Game for men was Frank Jones with 237. High average for men : #1 Mark Dahlin 189. #2 Paul Clements 170. #3 Frank Jones 170. High Game for the ladies was Sandy Byers with 202. High averages for ladies: #1 JoEllen McGuire 155, #2 Joan Angell 150, #3 Sandy Byers 141.

We are looking forward to the fall season. We do need bowlers to join us. Give me a call before mid-July. Sue Johnson at 792-5057. Organizational meeting will be held at the Center on Thursday, Aug.17th at 1:00.

CRAFTS

Craft Workshop Every Tuesday 9-11. Crafts are being made for our Holiday Bazaar in Nov. New faces are always welcome, just come on in. Not a Crafter?? We will give you a project and show you how. Refreshments served. Any questions, call Jeanne ext 13 or Vanessa ext 18

Applique with Pat Bayard (3 classes)

Wednesdays July 19th, Aug. 2nd & Aug. 16th. 9am-noon

A Blue Heron with a dark blue background, small wall hanging The kit will include everything you need to finish the project. Cost is \$25.00.

As an applique, quilting artisan for over twenty five years, Pat has participated in a number of quilt shows and is best known for her applique' of birds and nature scenes, which feature her own designs. . She is self taught in her art background, using pastels, watercolors and pen and ink. Her talent with color is translated well through her choice of color and value in her quilting projects.

"Rug Rats" Make your own braided wool rug" Fridays (NEW TIME) 12:30 - 2:30 (Free) Our experienced "rats" will teach you how. Everyone is welcome. **Needed: good, clean, wool fabric**

ONE STROKE PAINTING CLASSES



Friday July 7th & 22nd. 10:00 - 11:30

with Christine Mahoney

Finished Project in one session! \$15 for Srs.

\$25 for anyone under 55



STAMPING CLASS: *HANDMADECARDS*

Friday July 14th & 28th 10:00-11:30

Instructor Kristine Matteson will provide all the materials to create 3 beautiful handmade cards each class \$6.00



Beginner Landscape Oil Painting Classes Thursdays, * July 7th * July 13* 21th* 28th*

9:00 - 11:00am Taught by Karen Ramsey McGinn, an award-winning artist in multiple mediums.

(Paints and brushes are not included and must be purchased prior to the class.) Cost: \$15 a class.

SOCIAL OPPORTUNITIES



LUNCH & A MOVIE... at the "190 GRILL" Call us in July to sign up for July 28th movie

The "190 Grill & Cinema" in downtown Glens Falls is offering a special Lunch and Movie just **for us** on the last Friday of every month. **HOW IT WORKS:** You will arrive at the theater at 11:30am and pay \$4.50 for the movie and \$9.00 minimum for your lunch. A \$9.00 "Soup and ½ Sandwich Special" will be available) - or you can order off the menu. **Call us to reserve your spot, 792-6007. EXT 13 or 18** We will not have the name of the movie until the Tuesday before, but you need to sign up early to secure your spot. You may cancel if you don't wish to see the chosen movie .



SUDOKU CLUB Wednesdays at 2pm . Our team works together to solve puzzles. Come join us. Beginners welcome.



BRIDGE / CARD GAMES / BOARD GAMES ~ Monday, Wednesday. Let us know what card games you play and we will try to pre-arrange a table. Call us at 792-6007.

Our **LIBRARY REP** from Crandall Library, Tisha Dolton will be at the Center at 11:30 on 7/18, 8/22. She brings large print books and requests.



Monday Morning ~ BINGO 10 am at the Center
Thursday Evening at St. Michael's, Saratoga Ave., So. Glens Falls
Doors open at 5 PM (Great Concession Stand) BINGO begins at 6:30 PM



DINNER CLUB: Join us at Massies July 12th

We order off the menu and receive separate checks. We usually have about 40 in our group...always a fun night out.. Let us know if you will be joining us, as we always make reservations, 792-6007. The Dinner Club meets each month at a different restaurant, join us! Aug.9th



EDUCATIONAL OPPORTUNITIES

**If you plan on attending any of the following programs please call 792-6007, ext 13 or 18.
Please note, if we do not get enough interest in a particular program, it will be cancelled.**

JULY / AUG

Need Technology Help ??? Darrin Wensley will provide technical assistance with your Cell Phones, Lap Top Computers, Tablets, Kindles...30 minute time slots. Monday- July 3,10,17,24,& 31 and Wednesday -July 5,12,19 26. Schedule your free help today, 518-792-6007.

Fraud and Identity Theft Prevention

Tues. July 11th 1:45-2:30 Hosted by Kerri Lewis, TD Bank North. Discussion will include what fraud is, which population is typically targeted, common fraud scams (lottery winnings, Craigslist checks, asking for social security #'s, stating that a family member is in need of their monetary support and the fraudster having access to family member names through internet searches), then what the person should do first if they believe they were a victim.

Lyme Disease Prevention Workshop

Thurs. July 20th 12:45. A presentation on ticks, preventing tick bites & Lyme Disease. There will be literature on ticks & Lyme disease as well as tick removal kits.

Medicare 101

Thurs. July 27th. 12:30-1:30 Offered by CDPHP. Mary Jo Murray will discuss what a person will need to do as one approaches Medicare eligibility and the options available to them. She will go over the types of Medicare plans available and how they work. She also discusses what Medicare is and how it works in conjunction with a Medicare plan. She will provide some informative materials from the Social Security Administration and a brochure from CDPHP on Choosing the Right Medicare Plan. We also go over in detail how Medicare Part D (prescription coverage) will work and the importance of understanding all Parts of Medicare (A, B and D).

Estate Planning

Thursday August 24th 12:45 Attorney Timothy Alden will return to our Center to discuss Estate Planning and answer your questions. This program has always been very informative.

SEPT/ OCT

Alzheimers Services

Kym Hance, Program manager for the Northeastern New York Chapter of the Alzheimers Association will host three very informative programs;

Thursday Sept. 7th at 12:45 "Know the Ten Signs of Alzheimers"

Thursday Sept. 28th at 12:45 "Basics of Alzheimers"

Thursday Oct. 19th at 12:45 "Dementia Conversations"

Free Legal Advice

At the Center. (for Saratoga County Residents Only) . Appts are necessary; call **Saratoga County OFA, 884-4100.**

Thurs. July 27th, Thurs. Aug 24th, Thurs. Sept. 28th, Thurs. Oct. 26th , Thurs. Nov 30th, Thurs. Dec 28th

160 Million Miles On Nuclear Power

Thursday, Sept 21st 12:45– Ray Misiewicz will be here to talk about Nuclear Energy. This presentation begins in 1946 just after the close of World War II and carries us through the development of the technology. Much of the technology has happened here in the Capital District. It began with a handful of outstanding scientists and engineers gathered from the General Electric Co. Laboratories. Since then, there have been 300 nuclear powered navy ships built.

* * * * **JULY DIAL-A-BUS MINI TRIPS** * * * *

Monday July 3rd. Yaddo Gardens Tour \$ 10 + \$3 for the bus
 Friday July 21st Lake George Youth Group, Mary Poppins \$10 + \$5 for bus

Capital Rep: "She Loves Me" 12/8/18, "Paris Time" 2/9/18, "Blithe Spirit" 4/12/18

DIAL-A-BUS GROCERY SHOPPING Mornings: *Price Chopper* / Afternoons: *Hannaford*

Wed. July 5th* Wed. July 12th * Wed. July 19th * Wed. July 26th

If you need a ride to Doctor's, banking, or other appointments, give us a call at 792-6007. (\$3 Donation appreciated)

-----**JULY DIAL-A-BUS SCHEDULE**-----

Monday , July 3rd	Yaddo Gardens \$10 for the Tour \$3 for the bus . Lunch @ Golden Corral
Tuesday, July 4 th	Holiday
Wednesday, July 5th	Grocery Shopping
Thursday, July 6th	Luncheon at Up River Café \$5. for the bus
Friday, July 7th	Casino/Saratoga
Monday, July 10th	Aldi's & Price Rite /Medical
Tuesday, July 11th	Aviation Mall/Walmart/Medical
Wednesday, July 12th	Grocery Shopping
Thursday, July 13th	Wilton Mall/Walmart
Friday, July 14th	Rivers Casino/Schenectady
Monday, July 17th	Medical Appt./ Comm. Action Center
Tuesday, July 18th	Medical Appt./ Comm. Action Center
Wednesday, July 19th	Grocery Shopping
Thursday, July 20th	Colonie/Clifton/Crossgates
Friday, July 21st	Lake George Youth Group, Mary Poppins \$10 show \$5 bus and Lunch at O'Tooles
Monday, July 24th	No Bus
Tuesday, July 25th	Grocery Shopping
Wednesday, July 26th	Day Trip
Thursday, July 27th	No Bus
Friday, July 28th	No Bus
Monday July 31st	Open For Appt.



MOREAU FUN BAND SCHEDULE

The Fun Band will be opening for Elvis at the Chamber of Commerce Concert Series at the Gazebo on First St. on Tuesday Aug. 22nd at 5:30

Tuesday July 4th	Closed	
Tuesday July 11th	1:00	Support Link
Friday July 14th	Time TBA	Washington Co. Picnic
Tuesday July 18th	2:00	Fort Hudson
Tuesday July 25th	1:30	Practice Lena's

The Fun Band is actively looking for new members to join! No commitment, just a whole lot of fun!! If you play an instrument or like to sing we'd love to have you. Please call Jeanne at 792-6007 ext 13 for info



TRIPS



TRIPS



TRIPS



TRIPS



TRIPS



Please note: If you cannot be here for a sign-up (away, working, sick, etc.) let us know and we will sign up for you.

DO NOT LEAVE A MESSAGE on the answering machine on the first day of sign up.

You must speak to Jeanne or Vanessa. 792-6007 Extensions 13 or 18

Money is now due for the Community Trip, Raquette Lake and The Holiday Inn



MONDAY, JULY 31st ~ Community Trip to the Museum of Natural History & Planetarium. From dinosaurs to outer space and everything in between, this huge museum showcases natural wonders. Some of the Special Exhibits ; **CUBA**, Explore Cuba's extraordinary biodiversity and unique culture through our immersive exhibits. **HUMPBACK WHALES** , an extraordinary journey into the mysterious world of one of nature's most awe-inspiring marine mammals. **MUMMIES**, brings you face to face with some of these ancient individuals and reveals how scientists are using modern technology to glean stunning details about them and their cultures. Great trip for the whole family! This trip is now open. Money Due Now

WEDNESDAY, AUG. 9th ~ The Hu Ke Lau is one of the areas premier full-service facilities, offering award-winning Polynesian dining and shows, presents **A Neil Diamond Tribute** with Charlie Lask as Neil Diamond & the American Longboards- 5 piece Band. This trip is now open to all areas. Call to be added to the wait list.

Holiday Inn Resort "Last of the Red Hot Lovers" Wed. Aug. 23rd. Now open to Seniors from all areas. Lunch includes choice of; Medallions of Beef with Bordelaise Sauce/Roasted Potatoes, Baked Chicken Breast stuffed with spinach, artichoke& cream cheese topped roasted red pepper sauce / Roasted Potatoes (Gluten Free) or Vegetarian Pasta (assorted sautéed vegetables over penne pasta) includes salad, rolls, dessert. Call to reserve your spot. We need your food orders.



Thurs. Aug 24th & Friday Aug 25th ~ Raquette Lake Luncheon Cruise and visit **Great Camp Sagamore**, it is an extraordinary, historic icon of American Adirondack style. We now have two full motor coaches. Call to be added to the wait list.



Big E Fair Springfield Mass ~ Wednesday, Sept 20th ~ Sign up now



Lake George, Lac Du St. Sacramento. Lunch and Cruise \$34.00. Thurs. Sept 21st. Call to sign up now.

WEDNESDAY, SEPT 27th ~Merry- Go- Round Theater. "A Tribute to Patsy Cline" We now have one full coach, call to be added to the waiting list.



RADIO CITY CHRISTMAS SPECTACULAR~ December 5th **THE ROCKETTES**, This trip is now open to seniors and guests (any age). Call now to see this fabulous show, we have great seats available. 792-6007 Ext 13 or 18. **We may also have a few bus seats available for anyone who would just like to go to NYC and spend the day on your own.**



TUESDAY OCT.3rd ~THURSDAY OCT. 5th LANCASTER, PA Day 1;Lunch and shopping at the Kitchen Kettle. American Music Theater "Legends of Vegas, Dinner at the Good n Plenty. Day 2; Sight and Sound Theater "Jonah", Dutch Apple Theater "The Buddy Holly Story". We are staying at the award winning Eden Resort. Day 3; National Christmas Center. **Call to be added to the waiting list** 792-6007 ext. 13 or 18

GETTYSBURG & HARRISBURG, PA. 3 Day Trip Aug 28th, 29th 30th 2017

Day 1-Depart for Gettysburg, Check into the Courtyard by Marriott for a relaxing two night stay. Dinner at one of Gettysburg's oldest and most historic dining sites.

Day 2- Following a hot breakfast buffet we'll visit Gettysburg National Military Park, Museum and Visitor Center. A tour of the Gettysburg Battlefield with a licensed Guide. Enjoy a delicious dinner at the Historic Dobbin House where Abe Lincoln will join us.

Day 3- After a hot breakfast buffet we will travel to Harrisburg for a visit to the National Civil War Museum, the only one in the United States that portrays the entire story of the Civil War without bias to Union or Confederate causes. Depart for home. This trip is now open to all areas



MONDAY, SEPTEMBER 11th-13th, 2017 NIAGARA FALLS (passport or enhanced license required)

Day 1, Accommodations at the Hilton Hotel, a full service hotel connected to the Fallsview Resort Casino. Dinner at the Elements Restaurant in front of the Falls.

Day 2, Breakfast, Full day tour of the scenic Niagara River Parkway, American Falls, spend time in "Niagara on the Lake" Ontario's first Capital, wine tasting of the famous "ice wine". Dinner at the Mandarin Restaurant, featuring North American and International Cuisine. An award winning Buffet.

Day 3, Breakfast at the hotel, Boat ride on the Hornblower Cruise in front of the Falls. This trip is open to Seniors from all areas. Call now

WEDNESDAY, OCTOBER 11th ~ DAY TRIP ~ Stowe Vt.. Lunch at the Trapp Family Lodge. We have a large waiting list. If we get more interest a second motor coach will go on Thursday Oct. 12th.
Call Now

COMING IN 2018.....

Holland Michigan featuring The Holland Tulip Festival & Mackinac Island Sunday May 6th - Tuesday May 15th, 2018



Holland ,Mich.- City Tour with costumed guide, tour the Cappon & Settlers House, visit Velder Tulip Gardens, Tour the DeClomp Wooden Shoe & Delft Factory, visit Windmill Gardens, Dutch Marketplace, we have reserved seats for the Klompen Dance, Street Scrubbing & Volks Parade. 2 nights at the **Grand Hotel on Mackinac Island**, Carriage Tour of Mackinac Island, two dinners, a lunch buffet and two breakfasts at the Grand Hotel and a free afternoon to explore the Island. Visit Frankenmuth ,Mi.,

Shopping at Bronner's Christmas Store. Admission to the **Henry Ford Museum and Greenfield Village in Dearborn**. **Tour the Ford Rouge Factory**, see 150 Ford Pick-Up Trucks put together piece by piece on the assembly line. Grosse Point, Mi , tour the Edsel & Eleanor Ford Estate, dinner at the estate. On the route home an **overnight in Toronto**, tour the **Casa Loma**. We did this trip in 2009 and it was outstanding, especially the **Holland Tulips and Grand Hotel**. This trip opens Thurs. Aug 17th, at 10:00 AM to Seniors of All areas. Call for more details , full itinerary will follow in upcoming newsletter.

LANCASTER, PA Sept 2018 Sight & Sound Theater the new show "Jesus". American Music Theater. Plus much more!

MYRTLE BEACH, SC Oct. 2018 Walk the Beach, Enjoy the Shows

WELCOME NEW MEMBERS

Barbara Anello, Frank Barker Jr., Barbara Bartlett, Rebecca & Michael Bartuccio, Eleonore Blumenreiter, Beverly Close, Elizabeth Finn, Pamela & Robert Grogan, Ellie Harrington, Linda Hathway, Jenny Hayes, Judy Ingram, Steven Knight, Melody & Denny Kabor, John LaPlant, Sandra Loveland, Karen Mancini, Anna Perkins, Judy Phillips, JoAnn Schempp, Anthony Spizzo, Carol Terrio, Jean Vanderzee

❧❧❧ IN MEMORY OF ❧❧❧

RON CAULIN

Our deepest sympathy is extended to Eileen and family on the recent passing of her husband Ron. Ron and Eileen have traveled with us and enjoyed the Dinner Club along with other programs. Anyone who had the pleasure to know Ron knew they were in the company of a gentleman. A big loss to many.

❧❧❧ IN MEMORY OF ❧❧❧

PHIL BLAKE

We were saddened to hear of the passing of Phil. Our condolences are extended to Roberta Durphey and those who knew him. Phil was a dedicated volunteer in the Congregate Meal Site. He spent many years on our bowling team and came to the Center daily. He will be missed.

❧❧❧ IN MEMORY OF ❧❧❧

JAN URBAN

Jan was a fighter. She fought her kidney disease for many years and never stopped living her life to the fullest. Jan traveled on many trips over the years and was a familiar face to us. Our deepest sympathy is sent to her husband John.

❧❧❧ IN MEMORY OF ❧❧❧

ROBERT CHESTERMAN

Our Condolences are sent to Delilah on the recent passing of Bob. When able Bob came to the Center to take advantage of some of our programs. He always took time to stop in and say "Hello". Bob was a kind man and a real pleasure to know.

Moreau Senior Department

jeanne@moreaucommunitycenter.org

vanessa@moreaucommunitycenter.org



July 1, Joyce Burke	July 8, June Johnson	July 14, Tom Nichols	July 20, Beverly Shelley	July 25, George Thompson
July 1, Bernie Charlebois	July 8, Rudy Klick	July 14, Marietta Prevost	July 20, Sandy Stone	July 26, Michele Barry
July 1, Katherine Curran	July 8, Richard LaPelle	July 14, Shirley Smith	July 20, Peggy Straine	July 26, Gertrude Cafaro
July 1, Warren Dunham	July 8, Ann Nicholson	July 15, Donald Baker	July 20, Michelle White	July 26, Kay Corlew
July 1, Barb Hunter	July 8, Stephen Stedman	July 15, Kenneth Bennett	July 21, Stephen Baker	July 26, Virginia Kavanaugh
July 1, Richard Leonelli	July 8, Doris Wicks	July 15, Wilma Downen	July 21, Nick Clairmont	July 26, Amos Ernst
July 1, Mary Lou Loomis	July 8, Diedre Wright	July 15, Denise Grinnell	July 21, William Johnson	July 26, Janet Fessenden
July 1, Elizabeth Pagano	July 9, Elizabeth Aviza	July 15, Tanis Higgins	July 21, Lois King	July 26, Larry Lambert
July 1, Carolyn Pittenturf	July 9, Johanna Bak	July 15, Mary Kelly	July 21, Dick Lambert	July 26, Harold Nicholson
July 1, Helen Ryer	July 9, Marcia Boucher	July 15, Bill LaRouche	July 21, Jean Maslanka	July 26, Bob Turner
July 1, Mary Shaw	July 9, Tom Cummm	July 15, Lauren Palmer	July 21, Jane Moublo	July 27, Sharon Blanford
July 2, Alvin Blumberg	July 9, Vera Gregory	July 15, Florence Palmero	July 21, David Ripley	July 27, Doug Brennen
July 2, Theresa Hogan	July 9, Doris Reed	July 15, Laurie Passineau	July 21, Richard Smith	July 27, Frances Calhoun
July 2, Annette Newcomb	July 9, Donna Sharp	July 15, Kathleen Phelps	July 21, Sandy Wood	July 27, Julie Davis
July 2, Nora Nellis	July 9, Beatrice Sweet	July 15, Kimberlee Wood	July 22, Anna Boyer	July 27, Jeanne DiFiore
July 2, Donna Reittinger	July 9, Carol Terrio	July 16, Eileen Dixon	July 22, Evelyn Gravelle	July 27, Leona DuPell
July 2, Andrea Valenti	July 9, Joe Tocci	July 16, Patti Flores	July 22, Patricia Huntley	July 27, Roy Hamelin
July 2, Anne White	July 10, Rebecca Bartuccio	July 16, Edward McIntosh	July 22, Melvin Johnson	July 27, Josie Hayes-Armstrong
July 3, Frank Barker Jr.	July 10, Linda Casey	July 16, Wayne Merritt	July 22, Estella LaBarge	July 27, Warren Lewis
July 3, Jeanne Cramer	July 10, Marion DeHeer	July 16, Kathleen Pateman	July 22, Edna Little	July 27, Barbara McKee
July 3, Charlie Elms	July 10, Marjorie Dickinson	July 16, Olivia Snyder	July 22, John Lord	July 27, Randy Roberts
July 3, Betty Fredella	July 10, Joyce Eddy	July 16, Kathy Thompson	July 22, Barbara Palmer	July 27, Marie Searles
July 3, Helen Gorham	July 10, Sharyn Furman	July 17, William Brower	July 22, Antoinette Russo	July 27, Gene Slavin
July 3, Stephanie Kaufman	July 10, Linda James	July 17, Pat Cantanucci	July 22, Wayne Thayer	July 27, Kate Stevens
July 3, Irene Norris	July 10, Ernest Kendall	July 17, Judith Deyette	July 23, Monty Calvert	July 28, Mary Bodnar
July 3, Yolanda Paolicelli	July 10, Andy O'Keefe	July 17, Robert Fitzgerald	July 23, Donna Davis	July 28, Eleanore Blumenreiter
July 3, Gladys Saville	July 10, Phyllis Thomas	July 17, Kay Gray	July 23, Helen Groom	July 28, Sandra Brouillette
July 3, Jack Signorelli	July 10, Lucy Weldan	July 17, Lynn Hopkins	July 23, Jackie Hamelin	July 28, Cathy Camp
July 4, Lilas Bean	July 11, David Beaupre	July 17, Linda Miller	July 23, Linda Hubinger	July 28, Pauline Densmore
July 4, Eunice Chagnon	July 11, Dolores Balcom	July 17, Bea Neron	July 23, Edith Korb	July 28, Alphonse Fiorini
July 4, Anne Lizor	July 11, Celia Clippingner	July 17, Dominick Rosati	July 23, Olive McClellan	July 28, Donna Harubin
July 4, Catherine Morgan	July 11, Shirley DiNallo	July 17, Sandra Smith	July 23, Ellen McEntee	July 28, Arlene Hogan
July 4, Norma Quintois	July 11, Twyla Fitzgerald	July 17, Darlene Ouellette	July 23, Joe Ricciardelli	July 28, Elinor Stein
July 4, Linda Russell	July 11, Henry Klima	July 18, Vicky Anderson	July 23, Kyle Sharpsteen	July 29, Regina Bain
July 4, Ed Smith	July 11, Guy LaFlamme	July 18, Janice Arnold	July 23, Mel Sheldon	July 29, Theresa DeCastro
July 4, Judy Sullivan	July 11, Velvet McCausland	July 18, Faith Bouchard	July 23, Sidney Durkee	July 29, Selina Doriski
July 5, June Allen	July 11, Phyllis Shepard	July 18, Gert Daily	July 23, Karen Sommer	July 29, Doreen Farry
July 5, Anthony Cavanna	July 11, Eleanor Stockman	July 18, Barbara Hannigan	July 23, Susan Zollinger	July 29, Kaye Pike
July 5, Carol Dacunto	July 11, "Pete" Alberta Sweet	July 18, Bob Kaufman	July 24, Pat Abbott	July 29, Fernanda Ricciardelli
July 5, Linda Hermans	July 12, Tina Behr	July 18, James Mahoney	July 24, Dick Anderson	July 29, Janet Richard
July 5, Martin Kelly	July 12, Freya Condell	July 18, Lori Pike	July 24, Arlene Blanchard	July 29, Florence Roth
July 5, Mary Jane Marra	July 12, Maxine Dickinson	July 18, Phyllis Rainville	July 24, Margaret Catone	July 29, Dottie Waite
July 5, Mildred Reid	July 12, Louise Forkin	July 18, Rena Robbins	July 24, Shirley Collin	July 29, Helen Weir
July 5, Pasquale Salerno	July 12, Sheila Hyer	July 18, Stanford Searl	July 24, Darlene Farenell	July 29, MaryJane Yanklowitz
July 5, Larry Smail	July 12, Judy Ingram	July 18, Marie Schaffner	July 24, Nancy Gibilaro	July 30, Mary Caputo
July 5, Betty Lou Smith	July 12, Judy McCormick	July 18, Ned Roach	July 24, Nat Grillo	July 30, Louis Elms
July 5, Bob Towne	July 12, Ed O'Donnell	July 18, Mary Trombley	July 24, Edward healey	July 30, JoAnne Fallon
July 5, Fred Whipple	July 12, Bobbi Spaulding	July 18, Al Washburn	July 24, Peggy Ingraham	July 30, David Graves
July 6, Barbara Arthur	July 12, Helen Williams	July 19, Pat Bell	July 24, Louise Ladd	July 30, Marcia Jansson
July 6, Ricky Brody	July 13, Karen Bailey	July 19, Barbara Carey	July 24, Madelyn Mega	July 30, Helen Lofgren
July 6, Robert Conklin	July 13, Beverly Crosier	July 19, Mary Anne Jones	July 24, Adolf Meyer	July 30, Christine Legg
July 6, Joan Corbett	July 13, Dona Croto	July 19, Darlene Kosinski	July 24, Joan Montague	July 30, Ginny Philo
July 6, Rose Dorvee	July 13, Joyce Earing	July 19, Diane Kuruc	July 24, Ann M. Pokropinski	July 30, Paul Preuss
July 6, Al Finn	July 13, MaryAnn Haydel	July 19, Janet McMillen	July 24, Betty Powell	July 30, Bill Rogers
July 6, Vern McCormick	July 13, Joseph McCarty	July 19, Carol Morgan	July 24, Lois Radke	July 30, Dolores Schiavoni
July 7, Raymond LaRose	July 13, Pat Purner	July 19, Ann Steves	July 24, Donna Ricciardelli	July 31, Eric D'Angelo
July 7, Inga Merrithew	July 13, Jean-Luc Quirion	July 20, George Biel	July 24, Kathleen Tremblay	July 31, Carol Bromley
July 7, Judy Neely	July 13, Doug Stone	July 20, Brenda Bulman	July 24, Eda VanLew	July 31, Patricia Chandler
July 7, Janet Waite	July 13, Betty Turner	July 20, Marty Canale	July 25, Connie Bassett	July 31, Ginny Coffinger
July 8, Jean Baulsir	July 14, Pat Chase	July 20, Pat Daniels	July 25, Anita Bishop	July 31, Betty Collette
July 8, Carolyn Bromley	July 14, Peggy Fish	July 20, Gail Epstein	July 25, Mickie Coppa	July 31, Karen Coombs
July 8, Linda Crozzo	July 14, Dick Holcomb	July 20, Andy Esperti	July 25, Susan Courmie	July 31, Dave Eggleston
July 8, Angela Cotugno	July 14, Lorrie Graves	July 20, Nancy Harvey	July 25, Midge Duxbury	July 31, Bill Levandowski
July 8, Jackie Devlin	July 14, Nilsa Loftus	July 20, Joyce Lee	July 25, Claudia Gardner	July 31, Jim Morin
July 8, Bruce Harper	July 14, Joyce Massiano	July 20, Joyce Noyes	July 25, Patricia Gould	



JULY 2017 55 + CALENDAR

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3 8:30 Osteobusters 9:00 Dial-A-Bus Yaddo 10:00-2:00 Thrift Store 10:00 Bingo 1 :00 Cards/ Games 12:30-4:00 Tech Help</p>	<p>4</p>  <p>Happy 4th of July!</p>	<p>5 8:00 Golf League 9:00 Dial-A-Bus Price Chopper 10:00-2:00 Thrift Store 12:30-4:00 Tech Help 1:00- Latin Moves 1:00 Cards / Games 1:00 Dial-A-Bus Hannaford 2:00 Sudoku</p>	<p>6 8:30 Pool Room 8:30 Walking Club 9:00 Dial-A-Bus Lunch @ Up River Cafe 9:00 Oil Painting 10:00-2:00 Thrift Store 6:30pm BINGO (at St. Michael's)</p>	<p>7 8:30 Osteobusters 9:00 Dial-A-Bus Saratoga Casino 10:00-2:00 Thrift Store 10:00-12:00 OneStroke 12:30 Braided Rugs</p>
<p>10 8:30 Osteobusters 9:00 Dial-A-Bus Aldis/Price Rite/Medical 10:00-2:00 Thrift Store 10:00 Bingo 1 :00 Cards/ Games 12:30-4:00 Tech Help</p>	<p>11 8:30 Pool Room 9:00 Dial-A-Bus Aviation Mall/Walmart/Medical 9:00-11:00 Craft Workshop 10:00-2:00 Thrift Store 10:00 Co-Ed Softball 1:00 Fun Band- Support Link 1:00-4:00 Reiki 1:45-2:30 Fraud Prevent</p>	<p>12 8:00 Golf League 9:00 WIC 9:00 Dial-A-Bus Price Chopper 12:30-4 Tech Help 1:00- Latin Moves 1:00 Cards / Mah-Jongg 1:00 Dial Bus Hannaford 2:00 Sudoku Dinner Club: Massie's</p>	<p>13 8:30 Pool Room 8:30 Walking Club 9:00 Dial-A-Bus Wilton Mall 9:00 Oil Painting 10:00-2:00 Thrift Store 6:30 BINGO (at St. Michael's) "Annie" Westchester</p>	<p>14 8:30 Osteobusters 9:00 Dial-A-Bus Casino, Schenectady 10:00-2:00 Thrift Store 10:00 Stamping Class 12:30 Braided Rugs Fun Band, Wash. Co. Picnic Golf Tournament</p>
<p>17 8:30 Osteobusters 9:00 Dial-A-Bus Medical/Appointments 10:00-2:00 Thrift Store 1:00 Cards/ Mah Jongg 12:30-4:00 Tech Help</p>	<p>18 8:30 Pool Room 9:00 Dial-A-Bus Medical 10:00-2:00 Thrift Store 10:00 Co-Ed Softball 11:30 Library Rep 2:00 Fun Band-Fort Hudson</p>	<p>19 8:00 Golf League 9:00 Dial-A-Bus Price Chopper 9:00 Applique Class 10:00-2:00 Thrift Store 12:30-4:00 Tech Help 1:00 Cards / Mah-Jongg 1:00 Dial-A-Bus Hannaford 2:00 Sudoku</p>	<p>20 8:30 Pool Room 8:30 Walking Club 9:00 Dial-A-Bus Crossgates/ Colonie Center 9:00 Oil Painting 12:45 Lyme's Disease Workshop 10:00-2:00 Thrift Store 6:30 pm BINGO (at St. Michael's)</p>	<p>21 8:30 Osteobusters 9:00 Dial-A-Bus Mary Poppins 10:00-2:00 Thrift Store 10:00-12:00 One Stroke 12:30 Braided Rugs 2:30-3:30 Line Dancing</p>
<p>24 8:30 Osteobusters 10:00-2:00 Thrift Store 10:00 Bingo 1 :00 Cards/ Games 12:30-4:00 Tech Help</p>	<p>25 8:30 Pool Room 9:00 Dial-A-Bus Price Chopper 9:00 Craft Workshop 10:00-2:00 Thrift Store 10:00 Co-Ed Softball 1:30 Fun Band-Practice Lena's 1:00-4:00 Reiki 1:00 Dial-A-Bus Hannaford</p>	<p>26 8:00 Golf League 9:00 Dial-A-Bus Day Trip 12:30-4:00 Tech Help 10:00-2:00 Thrift Store 1:00 Cards / Mah-Jongg 2:00 Sudoku</p>	<p>27 8:30 Pool Room 8:30 Walking Club 9:00 Oil Painting 10:00-2:00 Thrift Store 12:30 Medicare 101 6:30pm BINGO (at St. Michael's)</p>	<p>28 8:30 Osteobuster 10:00-2:00 Thrift Store 10:00 Stamping Class 12:30 Braided Rugs 2:30-3:30 Line Dancing</p>
<p>31 8:30 Osteobusters 9:00 Dial-A-Bus Medical 10:00-2:00 Thrift Store 10:00 Bingo 1 :00 Cards/ Games 12:30-4:00 Tech Help Community Trip NYC</p>				

