




SARATOGA COUNTY OFFICE FOR THE AGING January 2019
 CONGREGATE & HOME DELIVERED MEALS | 518-363-4020

Monday	Tuesday	Wednesday	Thursday	Friday
	1 CLOSED	2 Roast Pork w/Gravy & Mashed Potatoes Brussels Sprouts Warm Apple Crisp	3 Baked Chicken w/Gravy Brown Rice Vegetable Trio Fruit Cocktail	4 <i>New Year's Special</i> Meat & Cheese Lasagna Sonoma Blend Garlic Roll Frosted Holiday Cake 
	7 Chicken Divan Rice Spinach Pears	8 Baked Fish w/Tarragon Sauce Oven Browned Potatoes Mixed Vegetables Yogurt	9 Eggplant Rollatini w/Meat Sauce Pasta w/ Marinara Sauce Wax Beans Chocolate Cookies	10 Meatloaf w/Gravy Mashed Potatoes Peas Fruit Jell O w/Whipped Topping
14 Chicken w/Orange Glaze Sauce Rice Sonoma Blend Vegetables Plum Fruit	15 Sloppy Joe Casserole Peas & Carrots Warm Cornbread Yogurt	16 Hearty Beef Vegetable Soup Brussels Sprouts Warm Biscuit Peaches	17 Italian Stew Oven Browned Potatoes Lima Beans Chocolate Pudding W/Whipped Topping	18 Tuna Salad Cold Plate Macaroni Salad Marinated Green Beans Fresh Orange
21 Closed for Martin Luther King Jr. Day	22 Herb Chicken w/Gravy Stuffing Butternut Squash Mandarin Oranges	23 Pork Loin w/Cranberry Mustard Sauce Red Bliss Potato Vegetable Trio Pears	24 Baked Fish w/Picatta Sauce Over Brown Rice Spinach Warm Apple Cobbler	25 Stuffed Shells w/ Meat Sauce Wax Beans Peas Chocolate Cookies
28 Apple Glazed Pork Mashed Sweet Potatoes Cabbage Dinner Roll Fruit Cocktail	29 Spanish Beef & Rice Casserole Carrots Warm Cornbread Pears	30 Chicken & Biscuit Broccoli Mandarin Oranges	31 Roast Beef w/Gravy Mashed Potatoes Sonoma Vegetables Apricot Whip	

Menu Subject To Change

Coffee, Tea and Butter are served daily at sites. The suggested contribution is \$2 per meal. There is a \$6 fee for guests under the age of 60. Please make checks payable to:

**Northeast Dining and Lodging, c/o Saratoga County Office for the Aging,
 152 West High Street, Ballston Spa, NY 12020**