




**SARATOGA COUNTY OFFICE FOR THE AGING-February 2019
CONGREGATE & HOME DELIVERED MEALS 363-4020**

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Tuna Noodle Casserole Warm Biscuit Peas & Carrots Fresh Orange
4 Fish Florentine over Brown Rice Sonoma Vegetables Warm Berry Crunch	5 Five Spice Chicken Cubed Sweet Potato Beets Dinner Roll Pears	6 Pasta w/Meatballs Mixed Vegetables Parmesan Cheese Plum Fruit	7 Turkey W/Gravy Stuffing Broccoli Apricot Whip	8 Egg Salad on Wheat Marinated Green Beans Coleslaw Mandarin Oranges
11 Baked Chicken w/Gravy Mashed Sweet Potato Vegetable Trio Fruit Cocktail	12 Roast Pork w/Gravy & Mashed Potatoes Brussels Sprouts Warm Apple Crisp	13 Goulash Broccoli Warm Cornbread Pineapple	14 <i>Valentine's Day Special</i> Chicken Parmesan Pasta w/Sauce Zucchini & Yellow Squash Garlic Roll Cheesecake w/Cherry Topping 	15 Chili Rice Wax Beans Peaches
18 CLOSED 	19 Baked Fish w/Tarragon Sauce Rice Broccoli Yogurt	20 Meatloaf w/Gravy Mashed Sweet Potatoes Warm Cranberry Crunch	21 Chicken Divan Oven Browned Potatoes Spinach Pears	22 Roast Beef w/Gravy Mashed Potatoes Peas Fruit Jell O w/Whipped Topping
25 Breaded Fish on a Bun Tartar Sauce Carrots Coleslaw Warm Berry Crisp	26 Chicken w/Orange Glaze Sauce Brown Rice Sonoma Blend Vegetables Plum Fruit	27 Hearty Beef Vegetable Soup Brussels Sprouts Warm Biscuit Peaches	28 Italian Stew Rice Wax Beans Chocolate Pudding W/Whipped Topping	

Menu Subject to Change

Coffee, Tea and Butter are served daily at sites. The suggested contribution is \$2 per meal. There is a \$6 fee for guests under the age of 60. Please make checks payable to: **Northeast Dining and Lodging, c/o Saratoga County Office for the Aging, 152 West High Street, Ballston Spa, NY 12020**