



SARATOGA COUNTY OFFICE FOR THE AGING  
 CONGREGATE & HOME DELIVERED MEALS  
 518-363-4020

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Menu Subject to Change</b> Coffee, Tea and Butter are served daily at sites. The suggested contribution is \$2 per meal. There is a \$6 fee for guests under the age of 60. Please make checks payable to: <b>Northeast Dining and Lodging, c/o Saratoga County Office for the Aging, 152 West High Street. Ballston Spa. NY 12020</b>				<b>1</b> Stuffed Shells w/Meat sauce Wax Beans Peas Yogurt
<b>4</b> Herb Chicken w/Gravy Stuffing Butternut Squash Mandarin Oranges	<b>5</b> Spanish Beef & Rice Casserole Green Beans Warm Cornbread Apricot Whip	<b>6</b> Baked Fish w/Picatta Sauce Over Brown Rice Spinach Warm Apple Cobbler	<b>7</b> Pork Loin w/Cranberry Mustard Sauce Oven Brownd Potatoes Vegetable Trio Pears	<b>8</b> Veggie Breakfast Sausage Patty French Toast Strata w/Syrup Warm Spiced Peaches Orange Juice
<b>11</b> Goulash Brussels Sprouts Warm Cornbread Plum Fruit	<b>12</b> Creamy Chicken Vegetable Stew Broccoli Warm Biscuit Fruit Cocktail	<b>13 St. Patrick's Day Special</b> Corned Beef & Cabbage Red Bliss Potato Carrots Irish Soda Roll Green Frosted Brownie 	<b>14</b> Italian Style Meatloaf Garlic Mashed Potatoes Sonoma Vegetables Fruit Jell O w/Whipped Topping	<b>15</b> Breaded Fish Macaroni & Cheese Stewed Tomatoes Tartar Sauce Pineapple
<b>18</b> Five Spice Chicken Mashed Sweet Potato Beets Dinner Roll Pears	<b>19</b> Pasta w/Meatballs Mixed Vegetables Parmesan Cheese Peaches	<b>20</b> Apple Glazed Pork Cubed Sweet Potatoes Cauliflower Dinner Roll Fruit Cocktail	<b>21</b> Turkey W/Gravy & Rosemary Red Potatoes Broccoli Warm Cranberry Crunch	<b>22</b> Egg Salad on Wheat Marinated Green Beans Coleslaw Fresh Orange
<b>25</b> Chili Rice Green Beans Peaches	<b>26</b> Baked Chicken w/Gravy Cubed Sweet Potato Vegetable Trio Chocolate Cookie	<b>27 Birthday Special</b> Roast Pork w/Gravy Mashed Potatoes Brussels Sprouts Cake w/Frosting 	<b>28</b> Fiesta Meatloaf Oven Roasted Potatoes Mexican Corn Pears	<b>29</b> Fish Florentine over Brown Rice Sonoma Vegetables Warm Berry Crunch