



**SARATOGA COUNTY OFFICE FOR THE AGING-August 2019
CONGREGATE & HOME DELIVERED MEALS (518) 363-4020**

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Pasta w/Meatballs Green Beans Parmesan Cheese Chocolate Pudding w/Whipped Topping	2 Turkey Salad on Sandwich Roll Pasta Salad Tomato & Cucumber Salad Tropical Fruit
5 Pork Loin w/Fiesta Sauce Roasted Potatoes Mixed Vegetables Pears	6 Honey Baked Chicken Brown Rice Broccoli Cornbread Pineapple	7 Macaroni & Cheese Stewed Tomatoes Brussels Sprouts Yogurt	8 Italian Style Meatloaf Garlic Mashed Potatoes Wax Beans Apricot Whip	9 Chicken Salad Cold Plate Harvest Salad Red Cabbage Confetti Salad Dinner Roll Peaches
12 Rosemary Garlic Lemon Chicken over Rice Spinach Warm Peach Crisp	13 BBQ Pork Loin Cubed Sweet Potato Cabbage Dinner Roll Spiced Apples & Raisins	14 Chicken Picatta Red Bliss Potatoes Mixed Vegetables Fruit Jell O w/Whipped Topping	15 Baked Fish w/Creamy Dill Sauce over Brown Rice Vegetable Trio Warm Biscuit Pineapple	16 Egg Salad on Wheat Carrot & Raisin Salad Beet & Onion Salad Tropical Fruit
19 Baked Fish w/Creamy Dijon Sauce over Brown Rice Brussels Sprouts Warm Berry Crisp	20 Chicken Alfredo Pasta Key Biscayne Blend Vegetables Pears	21 Meatball Sub Yellow Squash Cauliflower Fruit Cocktail	22 Sausage Patty w/Peppers & Onions on Sandwich Roll Red Bliss Potatoes Carrots Peaches	23 Ham & Swiss on Wheat Mayonnaise Marinated Green Beans Orange Whip
26 BBQ Chicken w/Roasted Potatoes Peas & Carrots Warm Apple Cobbler	27 Chop Steak Parmesan Pasta Zucchini & Yellow Squash Chocolate Cookies	28 Birthday Special Beef Tips w/ Mushrooms & Gravy Garlic Mashed Potatoes Glazed Carrots Dinner Roll Frosted Cake 	29 Oven Fried Chicken w/Gravy Mashed Sweet Potatoes Lima Beans Tropical Fruit	30 Seafood Salad Cold Plate Pea Salad Cornbread Mandarin Oranges

Menu Subject To Change

Coffee, Tea and Butter are served daily at sites. The suggested contribution is \$2 per meal. There is a \$6 fee for guests under the age of 60. Please make checks payable to: **Northeast Dining and Lodging, c/o Saratoga County Office for the Aging, 152 West High Street, Ballston Spa, NY 12020**