





**SARATOGA COUNTY OFFICE FOR THE AGING-September 2019
CONGREGATE & HOME DELIVERED MEALS 363-4020**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 CLOSED</p> <p align="center">Labor★★ ★★★Day</p>	<p>3 Chicken w/Spinach & Feta Cheese Sauce Rice Key Biscayne Blend Vegetables Dinner Roll Pears</p>	<p>4 Swedish Meatballs over Pasta Broccoli Warm Peach Crisp</p>	<p>5 CLOSED</p> <p align="center"></p> <p align="center">SENIOR PICNIC</p>	<p>6 Tuna Salad Cold Plate Macaroni Salad Marinated Green Beans Banana</p>
<p>9 Chicken Cacciatore over Pasta w/Sauce Wax Beans Warm Garlic Roll Yogurt</p>	<p>10 Seafood Newburg Rice Carrots Dinner Roll Mandarin Oranges</p>	<p>11 Roast Beef w/Gravy Mashed Potatoes Peas Plum Fruit</p>	<p>12 Pasta w/Meatballs Green Beans Parmesan Cheese Chocolate Pudding w/Whipped Topping</p>	<p>13 Turkey Salad on Sandwich Roll Pasta Salad Tomato & Cucumber Salad Fruit Cocktail</p>
<p>16 Pork Loin w/Fiesta Sauce Red Bliss Potatoes Mixed Vegetables Pears</p>	<p>17 Sweet & Sour Chicken Brown Rice Oriental Style Vegetables Dinner Roll Pineapple</p>	<p>18 Birthday Special Breaded Fish Macaroni & Cheese Stewed Tomatoes Tartar sauce Frosted Cake</p> <p align="right"></p>	<p>19 Meatloaf w/Gravy Mashed Potatoes Spinach Orange Whip</p>	<p>20 Chicken Salad Cold Plate Harvest Salad Brussels Sprouts Salad Dinner Roll Tropical Fruit</p>
<p>23 Rosemary Garlic Lemon Chicken over Rice Broccoli Warm Peach Crisp</p>	<p>24 Pulled BBQ Pork on Sandwich Roll Cubed Sweet Potato Cabbage Spiced Apples & Raisins</p>	<p>25 Egg Salad on Wheat Carrot & Raisin Salad Beet & Onion Salad Fruit Jell O w/Whipped Topping</p>	<p>26 Tuna Noodle Casserole Vegetable Trio Warm Biscuit Pineapple</p>	<p>27 Fall Harvest Special Roast Turkey w/Gravy Mashed Potatoes Spiced Butternut Squash Dinner Roll Maple Frosted Cake</p> <p align="right"></p>
<p>30 Baked Fish w/Creamy Dijon Sauce Roasted Potatoes Key Biscayne Blend Vegetables Chocolate Pudding w/Whipped Topping</p>			<p>Coffee, Tea and Butter are served daily at sites. The suggested contribution is \$2 per meal. There is a \$6 fee for guests under the age of 60. Please make checks payable to: Northeast Dining and Lodging, c/o Saratoga County Office for the Aging, 152 West High Street, Ballston Spa, NY 12020</p>	

Menu Subject To Change